

# Good Sleep Health - Victoria

*TheSleepClinics.ca*

## Patient Referral Requisition

Patient Name: \_\_\_\_\_ Home Phone: \_\_\_\_\_  
Address: \_\_\_\_\_ Work Phone: \_\_\_\_\_  
\_\_\_\_\_  
Email: \_\_\_\_\_  
DOB: d/m/yr \_\_\_\_\_ PHN#: \_\_\_\_\_

Referring Physician: \_\_\_\_\_ Phone: \_\_\_\_\_  
Address: \_\_\_\_\_  
\_\_\_\_\_  
Billing #: \_\_\_\_\_

### Type of referral:

- ☐ Sleep Disorders Consultation with Polysomnogram or Home Sleep Apnea Test (HSAT) as indicated  
☐ Home Sleep Apnea Test (HSAT) – **PLEASE USE FORM A**

### Reason for referral:

- |   |  |  |
|---|--|--|
| <input type="checkbox"/> Sleep Apnea                  | <input type="checkbox"/> Restless Legs Syndrome        | <input type="checkbox"/> Chronic Fatigue/Fibromyalgia            |
| <input type="checkbox"/> Excessive Daytime Sleepiness | <input type="checkbox"/> Periodic Limb Movements       | <input type="checkbox"/> Oral Appliance Titration (Matrix study) |
| <input type="checkbox"/> Narcolepsy                   | <input type="checkbox"/> Parasomnia (eg: sleepwalking) | <input type="checkbox"/> Other (please specify)                  |
| <input type="checkbox"/> Chronic Insomnia             | <input type="checkbox"/> Shift-work related problem    | _____  |

Relevant History: \_\_\_\_\_  
\_\_\_\_\_  
\_\_\_\_\_  
\_\_\_\_\_

Is this referral for disability or medico-legal purposes? ☐ Yes ☐ No

If this referral is URGENT, please explain: \_\_\_\_\_

Additional Comments or concerns: \_\_\_\_\_

**PLEASE ENCLOSE copy of CBC, TSH, Oximetry or Sleep Study reports if available to prevent duplication.**

We will contact the patient directly to book the appointment. Thank you for your referral.

**FAX to: (604) 900-8251**

Physician Signature: \_\_\_\_\_ Date: \_\_\_\_\_